

## **In House 1/2**

### **5v5 and 6v6 GUIDELINES**

**BALL SIZE:** Size 3

**TEAMS:** Consist of a minimum five to a maximum of twelve players. There are **goalies** in 5v5 OR 6v6. Additional players are subs with at least a 10-minute rotation.

**LENGTH OF GAME:** All games will be 40 minutes long; consisting of quarters 10 min each with a 2-minute break in between quarters. There is switching ends either each quarter or at the half as long as each team spends 2 quarters scoring on each goal.

**REFEREES:** Referee is responsible for all game play calls. When no third-party referee is available, the coaches are the referees and will make calls pertaining to play on the field.

**HEADING:** There is no heading of the ball.

**BALL OUT OF BOUNDS:** Any time the ball goes out of bounds, it results in a **Throw in, Corner Kick** or **Goal kick** for the opposition.

**GOAL BOX & VIOLATIONS:** Only the goalie can use their hands on the ball when in the goal box. If any other player uses hands in the box it will give possession to the opposite team as either a goal kick or corner kick.

**PLAYERS, COACHES, & SPECTATORS:** Only players and coaches are allowed on the field. All parents/spectators must stay on the perimeter of the field 5 yards off side line.

**POINT SYSTEM:** Each goal is worth 1 point.

**REPORT OF SCORES:** Coaches/Managers are encouraged to ignore the score. Adjust players as needed to keep play even and fun.

**\*\*FULL RULES AVAILABLE UPON REQUEST\*\***